



## VALID MENTAL HEALTH CONSENT CHECKLIST

The release must contain ALL of the following components:

1. Is the person authorizing a person who is designated under Section 5 (740 ILCS 110/4) of the Confidentiality act?
2. Is the person or agency to whom disclosure is to be made identified?
3. Is the purpose for which disclosure is to be made identified?
4. Is the specific nature of the information to be disclosed identified?
  - a. Are the check box checked for all types of data to be disclosed?
  - b. Are the blank lines next to the check boxes initialed for all types of data to be disclosed?
5. Does the release identify that there is a right to inspect and copy the information to be disclosed?
6. Does the release provide for the consequences of a refusal to consent, if any?
7. Is there a calendar date on which the consent expires, provided that if no calendar date is stated, information may be released only on the day the consent form is received by the therapist?
8. Is there a right to revoke the consent at any time provided?
9. Is the consent form signed by the person entitled to give consent?
10. Is the signature witnessed by a person who can attest to the identity of the person?

If any above element is missing the release is fatally flawed.

# AUTHORIZATION FOR RELEASE OF MENTAL HEALTH, ALCOHOL & DRUG ABUSE, AND OTHER PERSONAL HEALTH INFORMATION

I, \_\_\_\_\_, hereby authorize \_\_\_\_\_

(Patient/Parent/Guardian/Power of Attorney)

(Facility/Therapist/Counselor)

to exchange/release any and all records or information regarding \_\_\_\_\_

(Name of Patient)

(SPECIFIC NATURE OF INFORMATION TO BE DISCLOSED)

The following items must be **checked and initialed** to be included in the use and/or disclosure of other health information:

- HIV / AIDS related treatment       Mental health information       Psychotherapy notes  
 Sexually transmitted diseases       Drug/alcohol diagnosis, treatment/referral.

to \_\_\_\_\_

(Receiving Agency/Person)

(Address)

For the purpose of: (please check all that apply)

- Continuing (health and mental health) treatment or care and continuity of care       Billing, payment and financial matters and arrangements  
 Therapist transition       Consultation, advise and representation regarding my condition and needs  
 Housing and other arrangements and services       Other \_\_\_\_\_

This consent is valid until **(calendar date)** \_\_\_\_\_

I understand that I have the right to inspect and copy the information to be disclosed and may revoke this authorization at any time. Any such revocation will not affect materials disclosed prior to the revocation. The above-named person authorized to receive this information may use the information only for the purposes outlined above and may not redisclose it without my written authorization.

I also understand that if I refuse to consent to this release of information the following may occur \_\_\_\_\_

\_\_\_\_\_  
(Minor recipient, 12-17 yrs. inclusive)

\_\_\_\_\_  
(Signature of adult patient or parent)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Witness)

## NOTICE TO PATIENT AND RECEIVING AGENCY:

Under the provisions of the Illinois Mental Health and Developmental Disabilities Confidentiality Act, HIPAA, and applicable Federal and State Alcohol and Substance Abuse Confidentiality Acts, there may not be redisclosure of any of the information provided pursuant to this release unless the patient, and/or parent of the patient who is a minor, specifically authorizes such disclosure. A separate release is required for psychotherapy notes.

## REVOCACTION OF AUTHORIZATION

The undersigned hereby revokes the above authorization for disclosure.

\_\_\_\_\_  
(Patient, parent, guardian)

\_\_\_\_\_  
(Witness)

\_\_\_\_\_  
(Authorized agent - Power of attorney attached)

\_\_\_\_\_  
(Date)